



Edition #101 • March 2022

You have the information, now put the pieces together!

PARENT DEVELOPED PERSON CENTERED PLANS

Join The Interest List now

- ✓ Expert Guidance
- ✓ Understanding "Person Centered"
- ✓ A Plan Template
- ✓ Better Life, Richer Experiences
- ✓ Improved Supports from Others
- ✓ Self Determination Ready

Stop Looking for the Right Planner! It may just be you!
Develop your child's Person Centered Plan and see the change!
Learn from Trudy Marsh Grable who is a well-recognized Person Centered Thinking & Planning Trainer
www.personcenteredplans.org

This event is **not** funded by the Regional Center.

In the final rule, Centers for Medicare & Medicaid Services specifies that service planning for participants in Medicaid HCBS programs under section 1915(c) and 1915(i) of the Act must be developed through a person-centered planning process that addresses health and long-term services and support needs in a manner that reflects individual preferences and goals. Regional Center funding is about 50% of your child's services, the other half comes from the Medicaid/Medi-Cal program. For more information visit <https://www.cms.gov/newsroom/fact-sheets/home-and-community-based-services>

Beginning Saturday, April 16, 2022
This course will occur on five consecutive Saturdays.
9:00 AM - 12:15 PM with the final class on May 14th.

Apply your insight, knowledge, and experience about what works well, what should be avoided, and put that into a life-changing Person Centered Plan! Implement the plan and witness the improvements to your child's everyday life!

- A well developed Person Centered Plan Template
- Skills that apply to all people
- Reflecting on what really matters to and for your son or daughter
- Understanding and developing outcomes that matter
- High level of interactive and experiential learning
- Peer connections and review
- Step-by-step guidance
- Skills that explore a deeper perspective

This class is focused on the development of a person centered plan by parents. If you want to develop your own person centered plan, feel free to register for the course. Should you want a person centered plan developed for you, please connect with <https://www.thecasdpnetwork.org/> to identify a planner.

Learn from Trudy Marsh Grable, a well-recognized Person Centered Thinking & Planning Trainer who brings 38 years of lived experience with her own daughter.

Refunds are available up to 7 days prior to the event. Please register after you have confirmed your availability. <https://parentdevelopedplans.eventbrite.com>

Planning Live

Person-centered planning facilitator training



Are you looking to improve the way your organization supports people to create meaningful IPPs and plans so that they are person centered and HCBS compliant?

[Click here to learn about Planning Live](#)

Two cohorts being offered in 2022!

The Spring program will be starting in April.

[Click here for more information and to register](#)

The Summer Program will begin in August.

[Click here for more information and to register](#)

Questions?

Contact carmen@helensandersonassociates.com



World Café

What are we Going to do Differently in Reaction to our Shared Universal Trauma?

March 30th

One of life's harsher truths is that sometimes, bad things happen. High-stress events, like the ones we have all experienced in the last few years, trigger an emotional response known as trauma.

It's essential to stay connected to yourself, others, and the world at large and to find an outlet to communicate your experience. A strong social network or community will help carry you through the tougher moments and savor the wins. We have endeavored, through World Café style meetings to build a sense of purpose by connecting to something larger than ourselves... specifically, a mission to create meaningful change. We will spend our next World Café talking about how we can adjust, heal, and grow.

What are we Going to do Differently in Reaction to our Shared Universal Trauma?

Please join us for World Café Wednesday, March 30th!

(Notes from February's World Café can be found here: <https://www.sdaus.com/copy-of-sessions>)

Session 1: March 30, 2022 10:00 AM EST, 9:00 AM CST, 8:00 AM MST, 7:00 AM PST

Register in advance for this meeting:

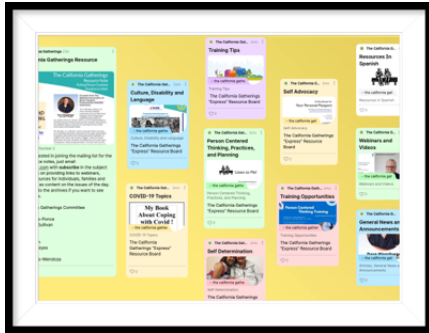
<https://us02web.zoom.us/meeting/register/tZlscumurz0sHdlu0DxWY5KaPxHA5GoeaeGD>

Session 2: March 30, 2022 2:00 PM EST, 1:00 PM CST, 12:00 PM MST, 11:00 AM PST

Register in advance for this meeting:

<https://us02web.zoom.us/joining/register/tZ0tc-2vpjsgdRAwgT3EPlumJe55Ey-U11m>

After registering, you will receive a confirmation email containing information about joining the meeting.



The California Gatherings "Express" Resource Board:

[Main Page](#) New section on Supported Living.

Please send posts to allenbill@mac.com.

The California Gatherings Committee

Trudy Grable • Liz A. Rodgers-Ponce • Cindy Gillam Sullivan • Bill Allen • Chris Miller
Claudia Bolton • Lilia Rangel-Reyes • Sheila Keys • Tina Calderaro-Mendoza

[The California Gatherings Archive](#) of all newsletters and resource notes.

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