



2020

April

Making Quality A Habit

Putting Person Centered
Practices to Work

Resource Notes

COVID-19 Toolkit For DSPs

Resources to help DSPs take care
of themselves during the crisis

With the coronavirus (COVID-19) global pandemic, there is a constant barrage of information being shared. Things are changing almost hourly across the country. The National Alliance for Direct Support Professionals (NADSP) is committed to sharing resources for Direct Support Professionals. We understand that given this global crisis, Direct Support Professionals are still working to provide supports. As Direct Support Professionals are on the front lines, we have created this tool kit with self care information and additional resources for individuals. This series currently includes:

- **Self Care for Direct Support Professionals in Crisis**
- **Meditation for DSPs in Times in Stress**
- **The Role of the DSP and the Coronavirus: Part One**
- **The Role of the DSP and Coronavirus: Part Two**
- **Frontline Initiative: Self Care for DSPs**
- **Grief and Loss for Direct Support Professionals**
- **Let's Talk with Dave: When Death Happens at Work**

You can find these resources and more at <https://nadsp.org>.