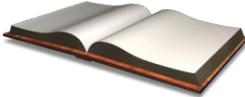
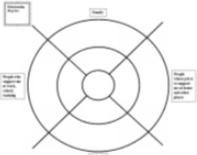


Suggestions and Resources on How to Use Everyday Person Centered Skills

Core Concept & Skill	WHAT IT DOES	POSSIBLE USES	Suggestions for Service Coordinators
<p>Sorting Important To/ Important For</p> 	<p>A way to <u>organize</u> the information we collected when using other skills.. By sorting our learning into What's Important To and What's Important For we gain a deeper understanding of the person while working towards a good balance. Better informs our actions in partnership with the person and those who love them.</p>	<ul style="list-style-type: none"> • Use with all the other tools-to add depth to our understanding of the person's preferred to/for balance • To think through a situation before deciding what should happen next 	
Skills	What it Does	Possible Uses	Suggestions for Service Coordinators
<p>The Donut Sort</p> 	<p>Identifies role-specific responsibilities. (Core responsibilities; use judgment and creativity; not usually a paid responsibility</p>	<ul style="list-style-type: none"> • Help people get clear about their responsibilities regarding specific situations • Develop job/volunteer descriptions 	
<p>4 + 1 Questions</p>	<p>Helps people learn from their efforts and focus next steps.</p>	<ul style="list-style-type: none"> • To evaluate a specific process or effort • As a structure for group review 	

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<p>The Learning Log</p> 	<p>Directs people to look for ongoing learning A structure that captures learning details within specific activities and experiences</p>	<ul style="list-style-type: none"> • Replace the standard “progress note” • Track efforts related to a specific area of change • Support depth learning over time 	
<p>Sorting What’s Working/ What’s Not Working</p>	<p>Analyzes an issue/situation across multiple things are right now.</p>	<ul style="list-style-type: none"> • To get a broader perspective • To do pinpoint problem solving • Before planning next steps 	
<p>Relationship Map</p> 	<p>Creates a picture of who is in the person’s life.</p>	<ul style="list-style-type: none"> • To record who is in a persons life- their role and relationship • Find characteristics of a good match • To help the person and planner invite to help plan 	

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<p>Rituals and Routines</p> 	<p>Identifies the specifics of a particular time of day or event</p>	<ul style="list-style-type: none"> • To learn what parts of rituals/ routines are important to the person to keep or change. • To learn more about what is important to and for the person • To learn more about daily supports the person appreciates 	
<p>Good Day/Bad Day</p> 	<p>A way to identify the specifics of what makes up a good and bad day for a person</p>	<ul style="list-style-type: none"> • Use to learn What's Important To and How to Support • Maximize good days, and minimize effect of bad days 	
<p>Two Minute Drill</p> 	<p>Helps us learn critical information about how to best support the person (top tips)</p>	<ul style="list-style-type: none"> • To learn what people think is most important to and for the person • To discover information that the new supporters need to be successful • To help people clarify how they balance important to/for when supporting a person 	

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<p>Communication</p> 	<p>At-a-glance view of key information about how a person communicates. Especially useful in supporting people who don't communicate well with words.</p>	<ul style="list-style-type: none"> • Help people to get to know a person more quickly • Help people know how to support someone during challenging times 	
<p>Positive Reputation</p> 	<p>A method to help us learn more about what is important to a person; how to support them while organizing a positive description</p>	<ul style="list-style-type: none"> • Helps people acknowledge the persons positive characteristic • Helps us get to what is important to the person and how to best support from negatives 	
<p>Matching</p> 	<p>A structure to look at important "people characteristics" and the persons interests as well as what skills/supports make for good matches.</p>	<ul style="list-style-type: none"> • Help people think about the kind of people they want and need supporting them • Hire best matched staff • Help person, family to identify possible circle members 	