

The California Gatherings

Resource Note

Putting Person Centered Practices to Work

2021
March

Note

Upcoming webinars, a World Café, and some resources regarding relationships and sex education.

“We think we listen, but very rarely do we listen with real understanding, true empathy. Yet listening, of this very special kind, is one of the most potent forces for change that I know.”

Carl Rogers

The California Gatherings Committee
Trudy Grable
Liz A. Rodgers-Ponce
Cindy Gillam Sullivan
Sheila Keys
Chris Miller
Claudia Bolton
Lilia Rangel-Reyes
Bill Allen
Tina Calderaro-Mendoza

Find the The California Gatherings Archive of all newsletters and resource notes [here](#).



SUPPORT DEVELOPMENT ASSOCIATES

World Café

March 31, 2021

7-8 PST (10-11 EST) or 11-12 PST (2-3 EST)

TOPIC:

Spending Time vs Investing Time

We routinely hear that while PCT is great “we don’t have time for it”. One of our responses has been to point out the difference between spending time and investing time. When we invest time there is a return on our investment.

- Where have you seen a “return”, and benefit from investing time by using PCT?
- What, if anything, had to change to so that there was the time and support necessary to use the PCT skills?
- If you used the 4+1 questions, what would your answers be?

Session 1

When: Mar 31, 2021 10:00 AM EST and 7-8 PST Register in advance for this meeting:

<https://us02web.zoom.us/j/8261bq7cvChorpR>

Session 2

When: Mar 31, 2021 02:00 PM EST and 11-12 PST Register in advance for this meeting:

<https://us02web.zoom.us/j/8261bq7cvChorpR>

After registering, you will receive a confirmation email containing information about joining the meeting.



Upcoming Webinars

Person-Centered Practices in Schools: Lessons from New Jersey **March 29, 3:00 - 4:30 pm Eastern (12:00-1:30 pm Pacific)**

To register, visit https://zoom.us/webinar/register/WN_dOf8-Fu5SKCxOEOaelhKiQ

Students, parents and educators from John F. Kennedy (JFK) School in Newark, NJ have been on a journey to explore the use of person-centered approaches in their school. They are one of many schools that are part of a statewide project called Person-Centered Approaches in Schools and Transition (PCAST) at Rutgers University. In this webinar we will hear from a dynamic panel at JFK that consists of students, parents, educators, and administrators. They will share their unique perspectives on using these approaches to improve plan facilitation, the IEP process, classroom implementation, and school culture and climate.

Strengths-Based Planning for Worst-Case Scenarios: The Role of Person-Centered Planning in Disaster Preparedness **April 26, 3:00 - 4:30 pm Eastern (12:00-1:30 pm Pacific)**

To register, visit https://zoom.us/webinar/register/WN_G3a0yNbtRpyHYISv1fOgTQ

The events of 2020 and early months of 2021 have upended and disrupted everyone's lives, but the impact on the lives of people with disabilities and older adults is particularly pronounced. It is now clear that planning ahead for emergencies is a must-do, particularly for those who rely on long-term services and supports for their daily wellbeing. What does person-centered planning for disasters look like? And how do we ensure that disaster responses are as person-centered as possible? In this panel, experts will describe what we have learned from recent events so we can be better equipped to respond to future disasters in a person-centered manner. Experts will also weigh in on the difference between personal planning and community planning, and why personal planning is never a substitute for comprehensive whole-community emergency preparedness, disaster response and recovery, and truly inclusive community resilience.



Relationships Decoded

Social-Sexual Education for People with Developmental Disabilities

Through funding from the Mental Health Services Act and in partnership with the Department of Developmental

Services, North Bay Regional Center has created a (downloadable) curriculum designed to teach people with developmental disabilities on how to develop healthy and safe relationships while also giving information about sexual abuse and coercion. The curriculum supports the use of evidence based practices and is completely free to teachers, therapists, and other professionals. The very experienced curriculum development team includes Kathryn Pedgrift, Maurice Travis, Georgia Pedgrift, and Mary Champion. For more information about the team and the curriculum, click [here](#). Find the above YouTube promotional video [here](#).

Disability is Not a Reason to be Excluded: Sex Ed for All ~ Resources

(Cal TASH 2021 - Megan Reynolds, Meaghan McCollow, Karen Call)

- [Elevatus- Sexuality Education for People with Disabilities](#)
- [Positive Prevention Plus](#)
- [Circles: Intimacy & Relationships level 1 & 2](#)
- [Teen Talk Adapted for All Abilities](#)
- [Taking Care of Myself2 by Mary Wrobel](#)
- [Sexuality Across the Lifespan- For parents and caregivers](#)
- [Respect Ability- Fighting Stigmas. Advancing Opportunities](#)

Facilitation for Choice and Control: Person-Centered Planning's Best Kept Secret

October 29, 2020



Plain Language Summary

This webinar is about Person-Centered Plan (PCP) Facilitation. PCP Facilitation is a direct service. It helps people understand choices and possibilities. It is a process or

supportive activities used to guide a person-centered plan. It can occur before, during, or after the annual plan. It is a very broad service. It can include a lot of activities. It is meant to be in addition to case management. It does not replace case management. There needs to be a clear difference from the duties of a case manager. This type of service can be used with those who might need more support. For example, one state uses PCP Facilitation with youth in transition. A PCP Facilitator is trained and skilled in person-centered planning practices. (The complete plain language summary, transcript, recording, English and Spanish transcripts and Q an A can be found by clicking on the October 2020 webinar [here](#).)



COVID-19 Bill Victory for People With IDD

After a year of your advocacy—calls, emails, texts—we now have the dedicated Medicaid home and community-based funding necessary to support people with disabilities, their families, and service providers in this crisis.

On Wednesday, Congress passed the American Rescue Plan legislation, which includes \$12.7 billion of vital dedicated funding for one year to strengthen and expand access to Medicaid home and community-based services (HCBS). HCBS help people with disabilities live as independently as possible in their communities and out of the danger of institutions and nursing homes (read The Arc's statement [here](#)). This funding is what we have been emailing you about for almost a YEAR, and we got it!

This is an incredible victory, thanks to you!