

# The California Gatherings

## Resource Note

### Putting Person Centered Practices to Work

2020  
July

18TH ANNUAL NADD STATE OF OHIO  
MI/ID CONFERENCE



SEPTEMBER 14-16, 2020 | REMOTE VIRTUAL CONFERENCE

[Register Now to Attend!](#)

**The 18th Annual NADD State of Ohio MI/ID Conference will be held September 14-16, 2020.**

Make plans to participate! Attendee registration is now open for the virtual conference. NADD is an association for persons with developmental disabilities and mental health needs.

To learn more about NADD and the Ohio Conference, visit the NADD website. [Click here.](#)

### Announcing Our 2020 Keynotes!

- Dr. Karyn Harvey
- Dr. Allison Cowan
- Dr. Ruedrich

#### Organizing Committee

Trudy Grable  
Cindy Gilliam Sullivan  
Sheila Keys  
Claudia Bolton  
Bill Allen

#### Contributing Editors

Bill Allen  
Tina Calderaro-Mendoza

## Progress for Providers

Checking your progress  
in using person-centered  
approaches

Managers USA

Most of the discussion (about accountability) during a recent Learning Marketplace session (at the Portland Gathering), centered around the use of plan reviews as a best practice. In addition, at this time, it seems to be the primary method of determining accountability to the values and effectiveness of the person centered planning process used by a given agency or organization. We also learned, from our discussion, that systemwide evaluations of person-centered practices do not typically occur. There have been some efforts in Great Britain to implement system audits focused on person centered processes. In addition, the guide **Progress for Providers** (a structured training guide on evaluating agency wide, person centered practices) is used by Helen Sanderson and Associates both in Great Britain, Canada, and the US. Here's the [link](#) to that resource. **See the HCBS Crosswalk from the workbook on the following two pages.**

Find the The California Gatherings Archive of all newsletters and resource notes at [here](#).

From **Progress for Providers**

## Person-centered approaches can help service providers meet Home and Community Based Services (HCBS) requirements

### Federal Requirements for HCBS

For 1915(c) home and community-based waivers and, for 1915(i) State plan home and community-based services, home and community-based settings must have all of the following quality requirements in place:

### Person-Centered Tools that support providers in meeting and documenting this requirement

#### Quality Requirement #1

The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

- Gifts and Capacities
- Community Mapping
- What happens here
- Presence to Contribution
- Important to /Important for
- Other discovery tools

#### Quality Requirement #2

The setting is selected by the individual from among setting options, including non-disability specific settings and an option for a private unit in a residential setting. The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.

- Important to /Important for
- Matching
- Routines & Rituals
- Good Day / Bad Day
- Working / Not Working
- Decision making profile
- Decision making agreement

#### Quality Requirement #3

Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.

- Important to /Important for
- Communication Charts
- Decision making profile
- Decision making agreement

#### Quality Requirement #4

Optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact.  
"The individual will lead the person-centered planning process where possible. The individual's representative should have a participatory role"<sup>1</sup>

- Important to /Important for
- One Page Profile
- Matching
- Routines & Rituals
- Good Day / Bad Day
- Working / Not Working
- Decision making profile
- Decision making agreement

#### Quality Requirement #5

Facilitates individual choice regarding services and supports, and who provides them.  
"Reflects cultural considerations of the individual"  
"Includes strategies for solving conflict or disagreement"  
"The person-centered service plan must reflect the services and supports that are important for the individual to meet the needs identified through an assessment of functional need, as well as what is important to the individual"<sup>1</sup>

- Decision making profile
- Decision making agreement
- Matching
- Important to /Important for
- One Page Profile

<sup>1</sup> Federal register/Vol 79 No.11 pg. 3029 & 3030 Sec441.301

From **Progress for Providers**

**Federal Requirements for HCBS**

In a provider-owned or controlled residential setting, in addition to the qualities specified on the previous page, the following conditions must be met:

Person-Centered Tools that support providers in meeting and documenting this requirement

**Settings Requirement #1**

The unit or dwelling is a specific physical place that can be owned, rented or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city or other designated entity.

- Working / Not Working
- Met by local review of agreements

**Settings Requirement #2**

Each individual has privacy in his/hersleeping or living unit:

1. Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors as needed.
2. Individuals sharing units have a choice of roommates in that setting. Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.

- Decision making profile
- Decision making agreement
- Matching
- Important to /Important for
- Relationship map

**Settings Requirement #3**

Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.

- Important to /Important for
- One Page Profile
- Matching
- Routines & Rituals
- Good Day / Bad Day
- Working / Not Working
- Decision making profile
- Decision making agreement

**Settings Requirement #4**

Individuals are able to have visitors of their choosing at any time.

- Important to /Important for
- Relationship map
- Matching
- Routines & Rituals
- Good Day / Bad Day
- Working / Not Working
- Decision making profile
- Decision making agreement

**Settings Requirement #5**

The setting is physically accessible to the individual.

- Working / Not Working
- Important to /Important for

**Settings Requirement #6**

Any modification of the conditions specified in items 1 through 4 above, must be supported by a specific assessed need and justified in the person-centered service plan:

Identify a specific and individualized assessed need /Document the positive interventions and supports used prior to any modifications to the person-centered service plan /Document less intrusive methods of meeting the need that have been tried but did not work /Include a clear description of the condition that is directly proportionate to the specific assessed need /Include regular collection and review of data to measure the ongoing effectiveness of the modification /Include established time limits for periodic reviews to determine if the modification is still necessary or can be terminated /Include the informed consent of the individual /Include an assurance that interventions and supports will cause no harm to the individual.

- Important to /Important for
- Working / Not Working
- Person Centered Description
- Person Centered Review
- Person Centered Risk
- 4+1
- Learning Log

# Living Well In My Community

## Part 1:

# A Guide to Home and Community Based Service Standards and Person- Centered Practices



Dave Mulvey and Mary Beth Lepkowsky presented this great new, downloadable resource at the Portland Learning Community Gathering. It offers practical information for implementing person centered skills in support of people receiving long term services and supports. It's also available as individual booklets. [This link](#) will take you to the guide in Spanish, Tagalog and English. See a sample on the next page.

# Being Part of the Community

## SKILL: Community Mapping

### Tyler

Tyler's support staff worked on helping him achieve what is important to him in becoming a valued member of his community. They created a map of his community which captured people and places important to him. The map identifies places he can walk to and places that require transportation.

