

# Making Quality A Habit

Putting Person Centered  
Practices to Work

*Resource Notes*

2020  
May

## A Note

For Californians who want to track the pandemic, its effects on the budget, and advocate for services and supports:

### Update on CA Pandemic

Roadmap <https://www.gov.ca.gov/wp-content/uploads/2020/04/Update-on-California-Pandemic-Roadmap.pdf>

### Arc of CA Proposed Budget

<https://files.constantcontact.com/eb101a2f101/1993759c-d7f0-4c69-96ef-a56c4f4570bb.pdf>

### Association of Regional Center

Agencies <https://mailchi.mp/arcanet/prevent-cuts-to-dd-services-part-1?e=0944d78f44>

### NorCal Gathering Committee

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- As we reflect on our learning, how could a post-pandemic system be different?
- What about the system pre-pandemic do you hope has stayed the same?
- What do you hope is changed, innovated, better?

All breakout rooms will discuss the same topic for 30 minutes total:

Changes in Our Systems



### Session 1

**When: Jun 3, 2020 10:00 AM Eastern Time (US and Canada)**

Register in advance for this meeting:

<https://us02web.zoom.us/join/zoom/register/tZMuc-1pQD0jGtJ6qCGIMKRHUO6iO1MW-YaZ>

### Session 2

**When: June 3, 2020 02:30 PM Eastern Time (US and Canada)**

Register in advance for this meeting:

<https://us02web.zoom.us/join/zoom/register/tZUrduCggDwoG9UpDABPCh73F-7BwQxFxOuN>

**After registering, you'll receive a confirmation email about joining either or both of these Zoom discussion meetings.**

**The NorCal Archive of all newsletters and resource notes is here:**




<https://allenshea.com/norcal-gathering-committee-newsletters-and-resource-notes/>



# Understanding Trauma: The Workforce Perspective

Dee Nighswonger, LMSW, LCAC, Director,  
Sedgwick County DDO, Wichita, KS

Secondary traumatic stress (STS) is becoming viewed as an occupational hazard of providing direct services to traumatized populations. Understanding the professional quality of life for staff is critical to developing strategies for retention and recruitment. In this session, participants will learn the theoretical structure of compassion fatigue including the differences between burnout and secondary traumatic stress. Results from local research conducted with Direct Support Professionals and Targeted Case Managers will be shared and we will explore the potential implications for provider organizations and consider possible next steps to address the research findings. **To download the webinar, [click here](#).**

**Send an email to lawmakers with one click now!**

Title

Full Name  \*

Address  \*

Zip  city and state not required

Phone

Email  \*

**Send Email**

My name is [@advFirst] [@advLast] and I am a constituent who lives in [@advCity]. I am writing on behalf of the developmental disabilities community urging you to support the HEROES ACT and other similar COVID-19 Emergency Relief Bills.

Specifically, include the following:

Send me email action alerts  
 Send me text messages about this campaign

## Tell Congress #WeAreEssential and Include the Disability Community in #COVID-19 Relief Bills



If you would like to support the HEROES ACT and other similar COVID-19 Emergency Relief Bills, use this link to send an email to lawmakers:

<https://p2a.co/ePEgyJ4?fbclid=IwAR26GbXmI09rR55p48R1w3325KiQ35umqonghr7Jph-EA4IIMli657-ci2E>