

## **Types of Training Available to Support Person-Centered Change Initiatives**

### **Person Centered Organizational Change Strategies**

A two-day management retreat focusing on change strategies, resistance, culture shifts, and successful approaches to implementing person centered organizational change.

### **Person Centered Thinking Overview**

A 2-4 hour overview of skills that provides exposure to person centered thinking to individuals, families, service coordinators and providers.

### **Training in Person Centered Thinking**

A two-day training in the discovery and organizational skills needed to understand what is important to and for a person.

### **Person Centered Thinking Skills Applied to Person Centered Descriptions, One Page Profiles and Individual Program Plans**

A two-day training in moving information from discovery to individual plans (customized to the plans of participants).

### **Establishing a Coaching/Leadership Model**

Ongoing support for supervisors and agency leaders who, in turn, support the use of person centered skills in everyday practice.

### **Positive and Productive Meetings**

A one day training, Positive and Productive Meetings is an innovative, practical meeting process, developed by Helen Sanderson Associates, that ensures that people can listen carefully, think clearly and therefore make effective decisions together.

### **People Planning Together**

Training for individuals who use regional center services on how to write their own person centered plan.

### **Families Planning Together**

Training for families in developing one page descriptions for their family members.

### **Community Connections**

Using the practices of person centered thinking to support individuals in building connections to their community.